

A 1-day Seminar by
Self-Mastery
A Division of Integral Mastery Center

Self-Mastery Assessment Program

SMAP

**Your Strategic Life Plan for
*Living On Purpose***

PURPOSE
ATTITUDE
ALTITUDE

What is the altitude of your attitude toward life?
**Come and join us to find out from what altitude
you view life. It's the one thing that affects
everything, including your attitudes.
Then, discover your purpose.**

What You Will Learn from this Seminar

Upon completion of the seminar:

- You will be able to articulate your core purpose in life and you will have a Strategic Life Plan for Living On Purpose.
- You will have a clear understanding of the 4 Quadrants of Life and how to integrate them into your Strategic Life Plan.
- You will also be able to understand the 4 Altitudes of Life and how to transform the important events of your life up this ladder of growth.
- You will have a clear map of the three factors that contribute to high performance: knowledge, motivation, and instinct. You will learn to integrate these three to work together as tools for Living On Purpose.

Core Premise of The Self-Mastery Assessment Program

THREE MAJOR AREAS OF ASSESSMENT & DEVELOPMENT

The three major areas we assess and teach you to develop are:

- The altitude or level of awareness from which you typically view life.
- Your major purpose in life.
- Your natural creativity—your instinctive way of doing things—and how they fit with your self-concept (ideas and values about self).

The **core premise** of SMAP follows those three major areas. Here it is:


To live a life of excellence requires that:

1. we know what our core purpose is,
2. we live from at least the 3rd or integral altitude of life, and
3. we can best achieve our goals by aligning our *knowledge* and *motivations* with our natural *instinctive way* of doing things.

THE THREE MAJOR ASPECTS OF INDIVIDUAL PERFORMANCE

- **KNOWLEDGE:** Education, training, expertise, skills, and habits. These are all connected to the thinking or *cognitive* part of the mind.
- **MOTIVATION:** Passion, emotion, interest, and intensity. These are mostly connected to the feeling or *affective* part of the mind.
- **INSTINCT:** Talent, knack, natural inclination, and innate propensity or bent. These are our natural abilities to perform. These striving instincts are triggered by an act of will. The term *conative* is used to describe this part of the mind, which is will-in-action.

THE FOUR UNIVERSAL ALTITUDES OF LIFE

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4. **SPiritUAL**: at this level, we see that ALL (nature, people, nations) are one in essence, in origin, and in ultimate purpose.
 3. **INTEGRAL**: at this altitude, we can see the whole and the parts of our issues in life, a view that allows us to see both our individual and our joint purpose. Love reigns because the welfare of all is promoted.
 2. **RATIONAL**: your view and my view are taken into account; facts and evidence are important in our decisions and actions. Fairness surpasses feelings as the all-important standard.
 1. **EMOTIONAL**: egocentric view of life; only my view counts and my feelings govern me, so that what feels good to me is good & is right.

DISCOVERING YOUR CORE PURPOSE

Spend a day with us to come up with your Strategic Life Plan for Living On Purpose. This goes deeper than simply coming up with a purpose statement. You will use the *universal purpose of life* as a framework for understanding your personal purpose as you answer the following questions:

- *Do you know your purpose in life?*
- *Do you make commitments only on purpose?*
- *Do you know how to live on purpose?*
- *What would happen if you had a plan to do everything in line with your life's purpose?*

Make a commitment to join a number of like-minded people to create
Your Strategic Life Plan

Learn from the Wisdom of Our Staff

Ramon G. Corrales, Ph.D. has been an organizational consultant, author, executive and high-performance coach, and seminar leader in organizational teambuilding and personal development for over 25 years. He developed *The Corporate Mastery Approachtm*, an integral framework for organizational and leadership development. He received his doctoral degree from the University of Minnesota in Sociology, along with a clinical specialization in Family dynamics. He is a Certified Kolbe Consultanttm and a trained practitioner in Neuro-Linguistic Programming (NLP) for both business and personal applications. Ramon's books include *THE CONGRUENT LEADER: An Integral Model for the Evolution of Effective Leadership* and *THE LEADERSHIP RELATIONSHIP: The RISC Model of Relationship Building*. He is the founder and CEO of Integral Mastery Center, a management development firm that assists leadership teams in generating the highest return on effort in quality and in productivity.

Charles D. Rhodes, Psy.D. is an experienced organizational consultant and an executive coach with a great deal of expertise in individual and group development. He is also a family educational expert who brings his ideas of self and relational transformation into the workplace. Dr. Rhodes has specialized in the meaning and purpose dimensions of work and leadership. He and Dr. Corrales have been pioneers in building *The Corporate Mastery Approach*, an integral model that addresses the individual, cultural, and structural components of leadership. The book, *THE CONGRUENT LEADER* is a product of their synergistic collaboration, capturing their unique point of view.

Travis Tasset, M.A. is an organizational and human development professional with a Masters degree in Organizational Development and Management with a concentration in Integral Studies from the Fielding Graduate University. He has the distinction of being the first graduate from this program, which was designed under the guidance of Ken Wilber. His undergraduate degree was in Communication Studies with an emphasis in business from the University of Kansas. Travis is a Certified Kolbe Consultant. He is one of IMC's experienced coaches and trainers.

Email or call us if you are interested in this seminar:

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